

کے مدارج

The Table of Ordinary Things

Picture story • Ages 3-5 • B15



Adam looked at the table. “The same bread. The same soup. Everything is ordinary.” “Perhaps it feels ordinary because we see it often,” Mama said. “Will you help me before we eat?”



Adam carried the spoons and placed one beside each bowl. The table had not prepared itself. Every spoon needed a hand to carry it and a tidy place where it could wait.



Adam filled a jug and listened to the water splash inside. “Even the water had to reach us!” he said. Baba stood beside him and steadied the jug. Together, they set it on the table.



Adam put a round loaf in the basket. “Who made this?” he asked. “The baker,” Mama said. “Before that, grain was grown, ground into flour, and mixed into dough.” Adam pictured the long path to one loaf.



The family sat down. Adam's little sister pointed to the clean spoons. "I can see work, too," she said. "I thought it was only soup," Adam said. "Now I can see water, bread, time, and work." "They are blessings from Allah," Baba said. "We thank Him for them." "Alhamdulillah," they said.



Adam tasted one spoonful. The soup was still familiar, but it no longer seemed to have appeared by itself. After the meal, he carried his bowl carefully with both hands. The table was ordinary—and full of gifts he had nearly missed.

Ordinary Things Can Still Be Gifts

Question: What had to come together before the meal reached the table?

Activity: Choose one familiar item—water, bread, or a spoon—and name one gift or helpful action that is easy to miss. Do not require the child to finish food.

For the grown-up: Keep gratitude separate from pressure to eat. Respect allergies and fullness, and keep table-setting brief, safe, and supervised.

Original fiction inspired by “O Allah, All Praise Is Yours,” physical PDF pages 15, 31, and 105. No direct Qur’an or hadith quotation appears in the child text.