

مدارچ

When the House Grew Quiet

Picture story • Ages 3-5 • B18



Yusuf lay down, then sat up again. "Tomorrow I have to show my picture to the class," he said. "What if I forget it? What if I can't speak?"



Baba sat beside him. "Tell me the first thing we can do tonight." Yusuf thought for a moment. "Put the picture in my bag."



Yusuf slid the picture between two stiff pieces of card so it would not bend. Then he placed his blue pencil in the small pocket and closed it himself.



“This is my drawing of a garden after the rain,” Yusuf practiced once. “We have done what we can tonight,” Baba said. “We can ask Allah to help you. Tomorrow will come in its time.”



“What if I forget the sentence?” Yusuf asked. He drew a raindrop and a flower on a small cue card. “Look at the card and begin with what you see,” Baba said. “You do not need every word memorized.”



Yusuf returned to bed. “I still feel a little worried.” “That’s all right,” Baba said. “Your bag is ready. Now your body can rest.” The lamp went dark. They did not carry all of tomorrow into tonight.

Calm with One Possible Step

Question: What could Yusuf do tonight, and what had to wait?

Activity: Name one worry. Choose one safe two-minute step or cue card, then let your body rest. Do not promise that nothing difficult will happen.

For the grown-up: Listen, acknowledge the worry, and choose one present action. Ask Allah for help without treating du'a as a guarantee. Allow some worry to remain, and check the bag and walking path for safety.

Original fiction inspired by “A Tranquil Soul,” physical pages 6, 15 and 19. No direct Qur'an or hadith quotation appears in the child text.