

The Loaf on the Table



مدارج

Shared reading · Birth to two



I sat in my seat
with the table in front of me.



Mum set down small pieces of food
that were right for me.



In the middle sat a warm loaf of bread.
I pointed to it.



“Bread,” said Dad.
“Allah has provided this food for us.”



Then Dad said to his wife, my mum, “Thank you.”
Mum smiled.



“Alhamdulillah. Praise be to Allah,” said Dad.
I listened and looked at my food.
The loaf was on the table.
We were gathered around it.

Read and talk together

An original fictional read-aloud. The full text is aimed around 18–24 months within the birth-to-two stage.

You can read this story without serving food. Name the gift calmly and thank the person who helped. This story is not feeding guidance. Choose food, texture and size for the individual child and any allergies, following professional guidance. Keep the child seated and supervised.